



"Eva facilitated in a very sensitive and conscientious manner which, in turn, contributed to the atmosphere of openness, listening and respecting each other's point of view and needs."

Party in successfully resolved case

"I found Eva to be very reassuring, professional and a really good listener, who was able to summarise and feed back with good accuracy. The sessions were run well and to time and a stressful situation was made a little better because of this.."

Party in an NHS mediation

"We have used the Pod [Eva] for a complex and difficult case of mediation between two employees in the company. The mediation enabled both parties to express their thoughts and feelings in a non-judgmental and respectful manner and most importantly unveiled options allowing the two employees to set the right course of action to improve the working relationship durably. I recommend the Pod for cases where 2 individuals are both genuinely attempting to improve a frail or weakened relationship in the best interest of the business."

Sylvain

Eva Edel | Mediation Profile

t: +44 (0) 7722 059 034

e: eva@theresolutionpod.com

<https://www.linkedin.com/in/eva-edel-4184b1/>

Practice Overview

Eva is a Workplace, Civil and Commercial accredited Mediator who is passionate about offering collaborative ways to resolve conflicts. Her professional life in two different countries enables her to adapt to each situation and different cultures. She has experience in workplace mediation, as well as intergenerational family and community disputes. She is a co-Founder of **The Resolution Pod**.

Eva assists organisations in four different ways: (i) with diagnosis and strategy sessions; (ii) with communication coaching; (iii) with facilitated conversations or more formal mediation; (iv) she has also developed and delivered training to help organisations to have good conversations about difficult issues with a 12-step methodology.

Approach

Eva's operating principle is that mediated agreements have to be realistic, workable and acceptable to everyone. Her empathic and calm nature helps the parties to feel supported in the process. In workplace cases, she puts restoring the relationship at the heart of her work. In addition to being a trained mediator, Eva brings to her conflict resolution practice her background as a qualified lawyer and a trained restorative justice facilitator.

Professional experiences

- ❖ Co-Founder of the Resolution Pod - 2018
- ❖ University of Brighton - Commercial Contracts and Intellectual Property Officer (2008-2016)
- ❖ French Bar (2004) – Non practising solicitor (2013)

Eva is a graduate of Paris II Assas (France). She holds a postgraduate degree in Comparative Law (1997) and a LLM from University College London (UK) with a major in International Law (2000).

Recent cases

- ❖ Dispute between a line manager and his direct report who experienced difficulties with her mental health (NHS) - *Successfully resolved - September 2020*
- ❖ Dispute between a line manager and his direct report where communication had completely broken down (tech company) - *Successfully resolved - September 2020*
- ❖ Dispute between two colleagues working in different teams of a hospital department (NHS) - *Successfully resolved - March 2020*
- ❖ Dispute between two colleagues, one of which was experiencing lots of pressure due to the Covid crisis (educational college) – *Successfully resolved – May 2020*

Accreditation and other mediation experience

- ❖ Member of the Civil Mediation Council
- ❖ SEND mediation training about to be completed with an observation
- ❖ Restorative Justice Facilitator – Victim Support
- ❖ Volunteer Mediator with Brighton and Hove Independent Mediation Services and West Sussex Mediation Services
- ❖ Dialogue Road Map training with Maria Arpa - Centre for Peaceful Solutions
- ❖ Trained Conflict Coach and Online Dispute Resolution training